

Self-audit reflection activity:

Treatment of COVID-19 with oral antiviral medicines



Purpose

The main purpose of this activity is to support primary care prescribers to self-assess their use of oral antiviral medicines for the treatment of patients with COVID-19.

The activity may also be adapted to suit the learning needs of dispensing pharmacists and primary care nurses. Reflecting on current practice may help you to have more effective conversations with patients and colleagues, to set goals, and to incorporate your learning into everyday practice.

How to complete this activity

Download this document and save it to your device, then work your way through the table below and type your notes into the editable sections. Upon completion, you can upload the saved document to your professional development learning record.

We have provided example self-audit reflection prompts to help you formulate your ideas. You can use these examples and/or add your own thoughts. Pharmacists and nurses may wish to amend the example questions to suit their area of practice.

At a minimum, we recommend you read the clinical articles listed in the resource section below, before completing this reflection activity.

Resources

- COVID-19 antivirals: Access Criteria. Pharmac, updated 13 May 2022.
<https://pharmac.govt.nz/news-and-resources/covid19/covid-oral-antivirals>
- Molnupiravir for mild to moderate COVID-19. He Ako Hiringa, 20 May 2022.
www.akohiringa.co.nz/education/molnupiravir-for-mild-to-moderate-covid-19
- New antiviral targets COVID-19. He Ako Hiringa, 2 May 2022.
www.akohiringa.co.nz/new-antiviral-targets-covid-19
- Treating COVID-19 with Paxlovid in primary care. He Ako Hiringa, 31 March 2022.
www.akohiringa.co.nz/education/treating-covid-19-with-paxlovid-in-primary-care

This reflection activity has been endorsed by the RNZCGP for up to two CME credits for Continuing Professional Development (CPD) purposes.



Reflection activity

Learning notes

Use this space to record notes from the resources you read

Self-audit reflection notes

After reading the resources and exploring the associated links, complete the following self-audit to reflect on your recent practice. (You can use the following questions and/or write your own)

Actions

Use your learning, and self-audit reflection notes to identify knowledge gaps and areas for quality improvement, and to create more goals/actions to add to your professional development plan.