① Assigned practice

This is the practice assigned to you, determined by the number of prescriptions you provided. If this is not the practice you expected, please contact us.

12 You

Click your initials and select "My Profile" to view your account details. You can also log out from here.

🛕 📴

EPiC Reflect

Demo Practice

Asthma 🗸 Opioids 🗸 Antibiotics 🗸 Youth mental health 🖌 More themes 🗸

w Zealand has a high prevalence of asthma and one of the highest hospital admission rates for asthma among OECD countries

s, the prevalence of asthma, and asthma hospitalisation and mortality rates are higher still. The Asthma and Respiratory

Adequate preventive asthma care is lacking for Māori and Pacific peoples and those living in areas of high deprivation®– in these

Foundation New Zealand (ARFNZ) launched new quidelines in 2020 and included a new stepwise treatment pathway for the

EPiC Reflect

EPiC Reflect is a reflection and audit template that prompts you to delve into the prescribing data, reflect on your current practice and develop quality improvement initiatives with your team. Each EPiC Reflect activity is populated with examples and endorsed by the RNZCGP for CME. Simply download and save the editable PDF, complete the activity (and repeat it after a specified time to complete an audit), then upload to your CPD record.

🙆 Your data

This tab contains the data stories with your data and your practice data populating the charts.

(b) Your Practice data display

This shows data about patients enrolled at your practice. The prescriptions can be provided by any prescriber including those not working in that practice (eg, specialists, after-hours healthcare settings).

(ACTION)

16 Date filter

This shows the period ending with the date shown.

(ACTION)

7 "Breakdown by" filter This filters data by different demographics.

ACTION

EPiC user guide



Click here to go to the EPiC homepage - you will find an overview of all data themes here.

Alwavs

2 Education

Click here to go to the He Ako Hiringa homepage, where you'll find a range of free educational resources to complement the EPiC data stories.

Operation of practice

Here we name a problem of practice and give some context around how the data can be used to help resolve it.

🕘 National data

This tab contains the data stories with national level data populating the charts.

5 Data story

These are the individual data stories within the overall theme. They display aspects of data relevant to the overall problem of practice.

Context-setting content box

This content sets the scene for the data and explains why these data are displayed.

Your Patients data display

This shows data about your patients. Your patients are anyone who has had a medicine dispensed from a prescription you have provided in any setting.

Asthma – clear inequities remain in health outcomes

This dashboard theme allows you to view, in a cohort of people aged <50 years who have been eithe

how many have been dispensed a short-acting beta2 agonist (SABA) without maintenance therapy

This can help you to review the management of your patients with asthma against the new ARFNZ re-

ology for information about data extraction and analysis.

dmitted to hospital with asthma or had inhalers (primarily used for asthma) dispensed, in the last 12 months

Education

management of asthma in adolescents and adults.^{3,4}

how many were dispensed six or more SABA inhaler

which maintenance therapy they were dispensed.

YOUR PATIENTS & PRACTICE

• the number of people in this cohort

EPiC home

Type 2 diabetes 🗸

He Ako Hiringa

😱 | SABA-ONLY USE



EPiC/tips to improve outcomes in asthma

nptom-based action plans should be offered to, and dis of forr ent, as hard copies, electronic versions, and an asthma app. A range of plans is available (see link ing every patient who uses a metered dose inhaler with a spacer – order these on a Practitioners Supply Order (see link to an order form below) Checking **inhaler technigue** at every consultation (nurse d pharmacists can do this too) – consider alte tive inhaler devices if the patient avhibits persistent difficulty with technique Test (ACT) (link b Māori and Pacific ne orse asthma outcomes. Currently, Māori with asthma are more likely to be hospitalised or die due to asthma tha European/Other ethnicities. Despite this, Maori with astma are less likely to be prescribed ICS, have an action plan or receive as In addition to the steps provided above, a concerted effort to improve astma outcomes for Maori and Pacific peoples is required Links: Action p PSO or

6 Focus points

These questions can help you to interpret your data and assist you to gain key messages from the data.

Filter key

This colour-coded key illustrates the different "breakdown by" filters.

Chart description

This gives a more detailed description of data displayed in the chart above.

hma	control test: www.asthmacontroltest.com	\ \		

More information is available here:

As

He Ako Hiringa EPiC	Contact Us 11 Omana Road, Milford Auckland NZ, 0620 PO Box 31905, Milford Auckland NZ, 0741 C 🎔 🛅	Support 09 488 4286 admin@akohiringa.co.nz (9-5pm Mon-Fri) EPiC FAQ About EPiC	Terms & Policies Conditions for Use Privacy Policy	Supported by PHARMAC TE PATARA WHATORANGA	
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More information

Links to additional information available on He Ako Hiringa, including methodology and related education resources, are provided here.

2 Where to from here

This provides additional information such as practice points, tips to help achieve equity, and ideas for quality improvement.

🗕 1 Unit filter

This filters data by absolute number of patients and by percentage of population. to allow easier comparison



19 Data Toggle

This allows you to switch between your data or your practice data, and national data on each graph.

Explore your prescribing data now at epic.akohiringa.co.nz